



2007 February

American Heart Month



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p><i>Spike reminds us, "Exercise and eat right to keep your heart happy and healthy!"</i></p>						1	HAMBURGER ON A WHOLE GRAIN BUN CARROTS FRUIT	2	PIZZA MADE WITH LOWFAT MOZZARELLA GARDEN SALAD FRUIT
5	CHICKEN TENDERS PASTA SALAD W/ FRESH VEGGIES FRUIT	6	HOT DOG ON A WHOLE GRAIN BUN VEGETARIAN BEANS FRUIT	7	PASTA DAY PASTA W/ MEATBALLS ITALIAN MIX SALAD GARLIC BREAD CHOC. PUDDING	8	TWIN TACOS STEAMED RICE LETT. & TOM. FRUIT CUP	9	PIZZA MADE WITH LOWFAT MOZZARELLA GARDEN SALAD FRUIT
12	CHICKEN TENDERS TWISTED RICE (WHITE & BROWN) GREEN BEANS FRUIT	13	GRILLED CHEESE ON WHOLE WHEAT CORN FRUIT CUP	14	BRUNCH FOR LUNCH FRENCH TOAST SAUSAGE PATTY CARROTS FRUIT	15	MEATBALL ON A WHOLE GRAIN BUN VEGETARIAN BEANS FRUIT	16	PIZZA MADE WITH LOWFAT MOZZARELLA GARDEN SALAD FRUIT
19		20		21	WINTER RECESS	22		23	
26	CHICKEN TENDERS PASTA SALAD W/ FRESH VEGGIES FRUIT	27	TWIN TACOS STEAMED RICE LETT. & TOM. FRUIT CUP	28	BAKED BREADED CHICKEN GOLDEN CORN CRANBERRY SAUCE POTATOE WEDGES				

Special News...

- Ala carte:**
 Baked Chips \$1.00
 Otis Cookie \$0.50
 Low Fat Ice Cream \$1.00 - \$1.50
 Yogurt \$1.00
 Fresh Fruit \$0.75

ALL LUNCHESES ARE SERVED WITH CHOICE OF FRUIT AND LOW FAT MILK.

Menus are subject to change without notice.