



# February 2007

## American Heart Month



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p><i>Spike reminds us, "Exercise and eat right to keep your heart happy and healthy!"</i></p>						1	CHEESE BURGER OR TURKEY BURGER ON A WHOLE GRAIN BUN PEAS & FRUIT	2	PIZZA MADE WITH LOWFAT MOZZARELLA GARDEN SALAD FRUIT
5	CHICKEN TENDERS PASTA SALAD W/ FRESH VEGGIES FRUIT	6	GRILLED CHEESE ON WHOLE WHEAT CARROTS FRUIT	7	HOT DOG OR TURKEY FRANK ON A WHOLE GRAIN BUN VEGETARIAN BEANS FRUIT	8	CHEESE BURGER OR TURKEY BURGER ON A WHOLE GRAIN BUN PEAS & FRUIT	9	PIZZA MADE WITH LOWFAT MOZZARELLA GARDEN SALAD FRUIT
12	CHICKEN TENDERS PASTA SALAD W/ FRESH VEGGIES FRUIT	13	GRILLED CHEESE ON WHOLE WHEAT CARROTS FRUIT	14	PANCAKES SAUSAGE PATTY GREEN BEANS FRUIT	15	CHEESE BURGER OR TURKEY BURGER ON A WHOLE GRAIN BUN PEAS & FRUIT	16	PIZZA MADE WITH LOWFAT MOZZARELLA GARDEN SALAD FRUIT
19		20		21	WINTER RECESS	22		23	
26	CHICKEN TENDERS PASTA SALAD W/ FRESH VEGGIES FRUIT	27	GRILLED CHEESE ON WHOLE WHEAT CARROTS FRUIT	28	MOZZARELLA STICKS WHOLE WHEAT ROLL GREEN BEAN FRUIT				

### Special News...

#### Ala carte:

- Baked Chips \$1.00
- Otis Cookie \$0.50
- Low Fat Ice Cream \$1.00 - \$1.50
- Yogurt \$1.00
- Fresh Fruit \$0.75

**ALL LUNCHESES ARE SERVED WITH CHOICE OF FRUIT AND LOW FAT MILK.**

Menus are subject to change without notice.